

**In the Name of GOD**

**Curriculum Vitae ( CV )**

**A) Personal Information:**

**First Name:** Narges Sadat                      **Last Name:** Soltani

**Date of birth:** 1 December 1984              **Place of birth:** Ferdows, Iran

**Religion:** Islam                                      **Language:** Persian

**Marital status:** Married                      **Gender:** Female

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**B) Education:**

Degree	University	Dates Attended	City , Country
PHD	Mashhad University of Medical Sciences		Mashhad-Iran
MS	Mashhad University of Medical Sciences	2013	Mashhad-Iran
BS	Mashhad University of Medical Sciences	2011	Mashhad-Iran
Associate	Sabzevar University of Medical Sciences	2006	Sabzevar-Iran

**C) Professional Experience:**

Job title	Company	Dates Attended	
		From	Up
Midwife	Health Center No. 1 city Ferdows	2006/11/26	2006/09/14
Instructor (teaching right)	Birjand University of Medical Sciences	2012/04/07	2014/01/13
Instructor (Faculty Commitment)	Birjand University of Medical Sciences	2014/01/14	2015/12/21
Instructor Faculty Member	Birjand University of Medical Sciences	2016/01/20	Present

## D) Publications:

Titel	Published	Publisher
Post-traumatic stress disorder in preeclampsia by type of delivery	2011	Mashhad Journal of Women and Midwifery
Prevalence of post-traumatic stress disorder disorder after preeclampsia and its related factors	2012	Mashhad Journal of Women and Midwifery
Journal of midwifery and reproductive health	2013	Comparing PTSD in primiparous and multiparous women with preeclampsia
The relationship of family support after childbirth with posttraumatic stress disorder in patients with Preeclampsia	2015	Iran Red Crescent Med J. 2015 October; 17(10): e17865.
Depression and anxiety in women with preeclampsia	2015	Iranian Journal of Nursing and Midwifery Research   July-August 2015   Vol. 20   Issue 4
The relationship between social support and severity of postpartum depression in women with preeclampsia	2015	IJOGI, Vol. 17, No. 136, pp. 10-18, Feb 2015
The Effect of Offline E-Learning on Cognitive Learning (Levels of Knowledge, Comprehension, and Application) of Fluid and Electrolyte Imbalances Course among Nursing Students	2017	Journal of Surgery and Trauma 2016; 4(1-2):2-6.
The relationship between body image and mental health	2017	Journal of Rafsanjan University of Medical Sciences Volume 16, 2017-486-479
A book about common pregnancy discomfort and palliative care	2017	Young Nurses Publications - Mashhad: Saadi Square, Sanabad St, between 6th and 8th St, No. 104, Floor Minus One
Barriers of Breast Self-Examination	2017	Modern care journal
Effects of Complementary Therapies on Labor Pain: A Literature Review	2018	Modern care journal
The Effects of Capsaicin Ointment Application to the K - K9 Acupressure Point on Nausea and Vomiting During Cesarean Section Under Spinal Anesthesia	2018	Nursing and midwifery studies
The Effect of Combined Inhalation Aromatherapy with Lemon and Peppermint on Nausea and Vomiting of Pregnancy: A Double-Blind, Randomized Clinical Trial	2020	Iranian Journal of Nursing and Midwifery
Impact of COVID-19 on mental health of infertile couple: A rapid systematic review	2022	Journal of Education and Health Promotion
Efficacy of Saffron (Crocus sativus L.) in Premenstrual Syndrome, Labor, Childbirth, and Menopause: A Systematic Review of Clinical Trials	2023	Modern care journal

### E) Article Presentation

Name of Congress	Titel	Type of presentation	Year	City
The Third Graduate Student Research Festival of Mashhad University of Medical Sciences	A survey of midwives' view of providing IVD services based on behavioral intention model	Poster	2011	Mashhad
Comprehensive Seminar for Nursing, Midwifery and Operating Students		Poster	2012	Mashhad
Fourth Graduate Student Research Festival of Mashhad University of Medical Sciences	The effect of capsaicin ointment on k-k9 point on nausea and vomiting after cesarean section	Poster	2012	Mashhad
First International Congress of Neonatal and Neonatal Medicine	Comparison of post traumatic stress disorder with preeclampsia by type of delivery	Poster	2013	Mashhad
First International Congress of Neonatal and Neonatal Medicine	Comparison of post-traumatic stress disorder disorder in primiparous and multiparous women	Poster	2013	Mashhad
National Conference on Women's Health	The Relationship between Postpartum Social Support and Postpartum Disorder with Post Traumatic Stress Disorder after Preeclampsia	lecture	2014	Esfahan
The Fourth Conference on Health Care Development with a New Care Focus	Attending the conference ( 9 points)	-	2015	Birjand
First Congress of Clinical Challenges in Midwifery	The Relationship between Postpartum Family Support with Postpartum Disorder and Post Traumatic Stress Disorder after Preeclampsia	Poster	2016	Tehran
First International Congress on Reproductive Health and Childbirth		4 Poster	2016	Tehran
5th International Conference on Women's Health	Barriers of Breast Self-Examination	Poster	2016	Shiraz
The first regional quality care conference in the country	The effect of capsaicin ointment on nausea and vomiting	Poster	2017	Birjand

### F) Workshops:

More than 20 certificates of participation / teaching in workshops about Research, Physiological Delivery and Fetal Health Assessment.

### G) Collaborations:

- \*Executive Director of Modern Care Journal.
- \*Member of Editorial Board in Modern Care Journal.
- \*Reviewer in Journal of Birjand University of Medical Sciences/ MCJ.

### H) Honors earned

- \*Sample student-2009- Mashhad University of Medical Sciences
- \*Best poster-2015- Bu Ali Research Institute - Mashhad University of Medical Sciences, 4th Graduate Student Research Festival.
- \*Country sample midwife-2015- Ministry of Health and Medical Education.

